

## Pantries that give away free groceries or produce

### Bayview/Hunters Point/Visitation

**Bayview TLC Family Resource Center.** 1601 LANE ST (at Quesada, in Bayview Y). 822-9404. **Th 2-4pm.** Must live in 94124 zip code. ID required. Bring a bag. No ID required for one-time-only emergency food box for any SF resident; call M-F 9am-5pm. ☎

\***Girls 2000 (Hunters Point Food Pantry).** 195 KISKA (at Dormitory, in Boys & Girls Club). 822-8895 (M-F 10am-4pm). **Thur 1:30-2:30pm.** For Hunters Point families. No ID needed. ☎

\***Heritage Homes & Britton Court.** 243 REY (at Sunnydale). 333-9956. **Mon 12-3pm.** For residents of Heritage Homes/Britton Court. Photo ID required. **Closed Jan 2; open Jan 4 instead.** ☎

\***Our Lady of Lourdes.** 410 HAWES (at Innes). 235-7634. Line up **Sat 8:30am** for ticket for food given out 9:30-11:30am. ID & proof of address required. Bring a bag. English, Spanish. **Closed Jan 1, Feb 5, Mar 5.** ☎

**St. Paul Tabernacle Baptist.** 1789 OAKDALE (at Phelps). 642-4965. **Fri 11:30am-1:30pm.** Must live in 94124 zip code. ID required. **Closed Jan 1-8.** ☎

**United Council of Human Services.** 1065 OAKDALE (nr. Ingalls). 643-1700. Sign up **Wed 8am** (with ID); food given out Wed 9:30am. Those not signed up may line up Wed 8:30am to see if there's extra. ☎

### Mission/Potrero/Castro

**Arriba Juntos.** 1850 MISSION (bet. 14th & 15th Sts.). 487-3240. Sign up **Thur 8:30am** to get groceries 9am. Must live in 94110 or 94103 zipcode. ID required. ☎

**Diamond Heights at St. Aidan's.** 101 GOLDMINE DR (at Diamond Heights Blvd). **Fri 1-2pm.** Produce, dry goods. Must live in 94131 zip code. ID required. ☎

**Fill Up America.** 1050 S. VAN NESS (bet 21st & 22nd Sts). 800-994-0041. Line up **Fri 9:30am**; food given out 11:15-11:30am. ☎

\***Potrero Hill Family Resource Ctr.** 751 MISSOURI (at Turner). 206-2121 (M-F 9am-4pm). **Thurs 10:30am-5pm** for produce only; **Fri 12-4pm, & last two Sats of the month 10am-2pm** for produce, dry & canned goods. Call for one-time-only emergency food box for any SF resident. **Call ahead for holiday schedule.**

**Salvation Army, Mission.** 1156 VALENCIA (bet. 22nd & 23rd Sts). 648-0260. **Call for interview M-Th 9am-12pm.** Must live in 94107, 94110, 94112, 94114, or 94131 zip code. English, Spanish. **Closed Jan 16, Feb 20.** ☎

\***Women's Building.** 3543 18TH ST. (bet. Valencia & Guerrero). 431-1180 ext. 11 (M-F 9am-5pm). For immigrant SF residents only. Next sign-up date will be Spring 2012. **Those not signed up can show up Mon 11am to see if there is extra.** Bring a bag. English, Cantonese, Spanish. **Closed Jan 16, Feb 20.** ☎

### Ocean View/Sunset/Richmond

**Calvary United Methodist Church.** 1400 Judah (nr. 19th Ave). 566-3704. **Fri 8-10am.** Must live in 94121 or 94122 zip code. ID required. English, Cantonese, Mandarin, Tagalog.

**OMI Family Resource Ctr.** 650 CAPITOL (nr. Montana). 406-1370. Get a number **Tues 9:30am-noon**; food given out 11am-1pm. Must live in 94112, 94116, or 94132 zip code. Proof of address required. ☎

**OMI Senior Ctr.** 65 BEVERLY (at Holloway). 334-5550. Food boxes for seniors (60+) **9am-1pm 4th Mon of every month** (Jan 23, Feb 27, Mar 26). ID & proof

of income required. English, Cantonese, Mandarin, Spanish, Tagalog. ☎

\***Temple United Methodist Church.** 65 BEVERLY (at 19th Ave). 586-1444. **Wed 6-7:30pm.** Line up no earlier than 4pm to get a random number (not first come, first served). Must live in zip code 94112, 94116, 94127, or 94132. Bring a current photo ID. ☎

### Tenderloin/Chinatown/SoMa

**Mary Elizabeth Inn.** 1040 Bush St (near Jones). 673-6768 (M-F 8am-4pm). Women only: line up **9am Wed**; food given out 9:30-10:30am; bring a bag. ☎

**Project Open Hand.** 730 POLK (near Ellis). 800-551-6325. People with symptomatic or disabling HIV or AIDS or breast cancer: **call M-Sa 9am-4pm** for interview appt. If accepted, pick up food Tues 9am-4pm, Wed-Sat 11am-4pm. Proof of diagnosis & SF residency & photo ID required. ☎

**S.F. Rescue Mission.** 140 TURK (bet. Taylor & Jones). 441-1628. **Sign up Wed 12-12:30pm**; food given out Thurs 12-12:30pm. Must live in 94102 zip code. Bring photo ID & proof of address. You can get food once a month. ☎

\***Salvation Army Chinatown.** 1450 POWELL (nr Broadway). 781-7002. **Call TuThF 9am-4pm for interview appt.** If accepted, food given out Fri 3pm. **Those not registered can show up Fri 2:30pm to see if there's extra food.** Must live in 94108, 94109, 94111, 94123, 04129, 94130, 94133, or 94158 zip code. English, Cantonese, Mandarin.

\***Salvation Army Kroc Center.** 240 TURK (nr. Jones). 345-3414. **Register Friday 7:30am (with ID) to get food the following Friday.** Must live in 94102, 94103, 94115, 94117, 94118, or 94121 zip code.

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### Tenderloin/Chinatown/SoMa (cont.)

**Salvation Army South of Market.** 360 4TH ST. (nr. Folsom). 777-2677 (M-F 9am-5pm). Food given out **Fri 8:30am (line up early to get a number)**. You must live in 94104 or 94105 zip code. ID required. English, Cantonese, & Mandarin.

**Youth With A Mission.** 357 ELLIS (near Jones). 885-6543. Line up **Thur 11am**; food given out 1:30pm. Must live in 94102 zip code. ID required. ☎

### Western Addition/Haight

**\*Bethel AME Church.** 916 LAGUNA (at Golden Gate). 921-4935. Sign up **Fri, Jan 6 8am** to get food weekly until June 2012. Those not signed up, show up **Fri 12:30-1pm** to see if there's extra food. ID required. Bring a bag. ☎

**Booker T. Washington Community Svce Ctr.** 800 PRESIDIO (at Sutter). 928-6596. Call **Wed 9am-noon** for appt to pick up food Thur 11:30am-1pm. Produce, canned & dry goods. Photo ID required. ☎

**First Friendship Inst. Baptist Church.** 501 STEINER (at Oak). 431-4775. Sign up **9am Friday (with photo ID)** to pick up food Friday after 10:30am. You must live in 94115 or 94117 zip code. Bring a bag. ☎

**\*Jones Memorial United Methodist Church.** 1975 POST (at Steiner). 921-7653. Get a number **8:30am Sat** for food given out 10:30-11am. Bring a bag. Must live in 94102, 94109 or 94115 zip code. ID required. **Closed Feb 18.** ☎

**Korean American Senior Service.** 745 BUCHANAN (at Grove). 255-9371. **Fri 10am-12pm.** ID required. ☎

**Macedonia Missionary Baptist Church.** 2135 SUTTER (near Pierce). **Wed 10am-12pm.** Must live in 94102, 94109, or 94115 zip code. ID required.

**\*St. Andrew Missionary Baptist Church.** 2565 POST (near Baker). Don't line up before 8am. **Sign up Wed Jan 4, 8am** for appointment to get food Wed morning for the next 90 days. Those without appointments come **Wed 10:15am to see if there's extra food.** No ID required, just a smile. ☎

### Treasure Island

**\*Treasure Island Homeless Development Initiative.** 850 AVENUE I ON TREASURE ISLAND (at 9th St, in the Shipshape Building). 274-0311. **Tues 3-4:30pm.** For Treasure Island residents only. ID & lease required. ☎

### Citywide

**Supplemental Food Program.** CALL 211 (HELPLINK) for nearest location to get one 35-lb box of dry & canned goods per month. For SF residents age 60+ & non-WIC families with children under 6. Must provide proof of age & income. ☎

## Other ways to get free groceries

**Food Stamps.** Department of Human Services, 1235 MISSION (betw. 8th & 9th Sts.). 558-1001 (or toll-free 877-366-3076) for information in Cantonese, Mandarin, English, Spanish, Tagalog, Russian. You can check your eligibility & apply online at <[benefitsCalWIN.org](http://benefitsCalWIN.org)>. Otherwise apply in person **M-F 8-11am & 1-3pm.** It's best to get there as early as possible (8-10am), fill out an application, & turn it in at the window. They will give you an appointment either that day or in a few days. For the appointment bring ID, Green Card (if you're an immigrant), & proof of your rent, expenses, & income. You'll also be fingerprinted. If approved, you should get your food stamps card sometime within 3 days to a month. Individuals can get up to \$200 worth of Food Stamps per month (most individuals get less; most families get more). The amount you get depends on income and how much you have to pay for rent, etc. People with resources (house, car, bank account, etc.) but limited income can still get food stamps. ☎

**WIC.** CALL 575-5788 (leave message if no answer). **M-F 8am-5pm.** Women who are pregnant or have children under 5 years, call for referral to sign up in one of 6 locations. Bring proof of income (check stubs, Medi-Cal card), address (California ID/ phone or PG&E bill/piece of mail), & verification of pregnancy. WIC provides food vouchers, info & support for breastfeeding, & nutritional counseling. You can take vouchers to some grocery stores for fruits & vegetables, whole grains, beans (or peanut butter), cereal, juice, eggs, milk, cheese, iron-fortified infant formula & baby food for infants. Women who are breastfeeding & not using formula get more of the above, plus canned fish. **Closed Jan 16, Feb 20.** ☎