

Kitchens	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Notes
1. <b>All Saints' Episcopal Church</b> 1350 WALLER (near Masonic) 621-1862 (T-Th 1-5pm)							Brunch 10:30-11:30am	Meat; potatoes or pasta or rice; vegetables, salad, pastry, coffee & bread.
2. <b>Calvary United Methodist Church</b> 1400 JUDAH (near 19th Ave) 566-3704	1 <sup>ST</sup> SUNDAY OF THE MONTH: Lunch 12:30-1:30pm OTHER SUNS: Breakfast 8-10:30am							Hot lunch 1st Sun of the month ( <b>July 5: call ahead to see if they're open;</b> Aug 2, Sept 6): Filipino, Chinese, Indian, Mexican, Pakistani, or American food. All other Sundays: breakfast of eggs, waffles & grits.
3. <b>City Team Ministries</b> 164 - 6 <sup>TH</sup> ST. (bet. Mission & Howard) 861-8688							Lunch 1-3pm.	A hot meal. Medical clinic: 2nd & 4th Sat 1-3pm (July 11, 25; Aug 8, 22; Sept 12, 26). Clothes and foot care available at Saturday lunch.
<i>Dinner: Tues-Sat arrive 5:45pm for 6pm church group &amp; dinner. Church group is not mandatory, but those who participate are fed first.</i>								
4. <b>Curry Senior Center</b> 333 TURK (bet. Hyde & Leavenworth) 292-1086 (8am-1pm)	Breakfast 8-9am Lunch 11:30am-noon	Breakfast 8-9am Lunch 11:30am-noon	Breakfast 8-9am Lunch 11:30am-noon	Breakfast 8-9am Lunch 11:30am-noon	Breakfast 8-9am Lunch 11:30am-noon	Breakfast 8-9am Lunch 11:30am-noon	Breakfast 8-9am Lunch 11:30am-noon	For those age 60 & over. \$2 suggested donation, but no one turned away for lack of funds. Sign up for lunch 8am M-F.
*5. <b>Food Not Bombs</b> UN PLAZA (bet. Market & beginning of Leavenworth); 16 <sup>TH</sup> & MISSION (BART Plaza); HIPPIE HILL (Golden Gate Park near Haight & Stanyan)		UN PLAZA Dinner 5:45pm until food runs out		UN PLAZA Dinner 5:45pm until food runs out	16 <sup>TH</sup> & MISSION Dinner 7:30pm until food runs out	HIPPIE HILL Dinner 5:45pm until food runs out		<b>Vegetarian!</b> Meals are soup & bread; often salad. Bring your own bowl. Meal times vary: often late or cancelled.
*6. <b>Glide Memorial Church</b> 330 ELLIS (at Taylor) 674-6043 (M-F 8am-4:30pm)	Breakfast 8-9am, Seniors (60+) 7:30am Lunch 12-1:30pm	Breakfast 8-9am, Seniors (60+) 7:30am Lunch 12-1:30pm Dinner 4-5:30pm	Breakfast 8-9am, Seniors (60+) 7:30am Lunch 12-1:30pm Dinner 4-5:30pm	Breakfast 8-9am, Seniors (60+) 7:30am Lunch 12-1:30pm Dinner 4-5:30pm	Breakfast 8-9am, Seniors (60+) 7:30am Lunch 12-1:30pm Dinner 4-5:30pm	Breakfast 8-9am, Seniors (60+) 7:30am Lunch 12-1:30pm Dinner 4-5:30pm	Breakfast 8-9am, Seniors (60+) 7:30am Lunch 12-1:30pm	Bag meal to go (2 sandwiches+) provided after lunch Sat-Sun, & after breakfast <b>July 3, Sept 7 (no lunch or dinner).</b>
*7. <b>Jones Memorial United Methodist Church</b> 1975 POST (near Steiner) 921-7653	<b>*** Jones Memorial meal program will be CLOSED July 1-31. RE-OPEN for lunch Wed., Aug 12. ***</b>							Full hot lunch the 2nd, 3rd & 4th Wed of the month (Aug 12, 19, 26; Sept 9, 16, 23. <b>Closed July 1-31.</b>
8. <b>The Living Room Coffeehouse</b> 690 PAGE (at Steiner) 939-2377						Dinner 7pm		Age 25 & under only: hot meal, coffee, Kool-Aid, sweets. Volunteer to set up at 5:30pm. Movie by 9pm. Closed 11pm.
*9. <b>Martin de Porres House of Hospitality</b> 225 POTRERO (near 16th St.) 552-0240	<b>***Martin's will be CLOSED Saturday, Aug 1-Monday, Aug 10. RE-OPEN for breakfast Tuesday, Aug 11.***</b>							
	Brunch 9-10:30am	Breakfast 6:30-7:30am	Breakfast 6:30-7:30am Lunch 12-2pm	Lunch 12-2pm	Breakfast 6:30-7:30am Lunch 12-2pm	Breakfast 6:30-7:30am Lunch 12-2pm	Lunch 12-2pm	<b>Usually a vegetarian alternative.</b> Breakfast: oatmeal & herb tea. Lunch & Brunch: a hearty soup & salad. <b>Closed Aug 1-10.</b>

\* indicates important changes since April-June 2009.

We'd like your corrections, comments, or additions for our next update. Please call 648-3222, or email free@freeprintshop.org. Up-to-the-minute charts available at <http://freeprintshop.org>

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Kitchens	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Notes
10. <b>Missionaries of Charity</b> 1300 - 4 <sup>TH</sup> ST. (at 3rd St.) 586-3449 (9-11:30am, 3:30-6pm)	<i>Dinner</i> 3:30-5pm	<i>Dinner</i> 3:30-5pm	<i>Dinner</i> 3:30-5pm	<i>Dinner</i> 3:30-5pm		<i>Dinner</i> 3:30-5pm	<i>Dinner</i> 3:30-5pm	Mon-Sat: soup & sandwiches. Sun: full-course dinner. There is a short prayer before meal. ♿
11. <b>Mother's Kitchen</b> 7 OCTAVIA (at Waller) (707) 776-4800						<i>Lunch</i> 2:30-3:30pm		<b>Vegetarian! with vegan option.</b> Hot entree, salad, fruit, dessert for first 110 people; after that, bag lunches.
12. <b>North Peninsula Food Pantry &amp; Dining Center of Daly City</b> 31 BEPLER (near Mission) (650) 994-5150		<i>Dinner</i> 5-5:30pm or till food runs out.	<i>Dinner</i> 5-5:30pm or till food runs out.		<i>Dinner</i> 5-5:30pm or till food runs out.			A full-course meal. ♿
13. <b>Providence Foundation of SF</b> 1601 MCKINNON (at Mendell) 642-0234, 206-0263				<i>Lunch</i> 12:45-2pm				Optional Bible study before a hearty lunch. ♿
14. <b>St. Anthony Dining Room</b> 45 JONES (at Golden Gate) 241-2690	<i>Lunch</i> 11:30am-1:30pm	<i>Lunch</i> 11:30am-1:30pm	<i>Lunch</i> 11:30am-1:30pm	<i>Lunch</i> 11:30am-1:30pm	<i>Lunch</i> 11:30am-1:30pm	<i>Lunch</i> 11:30am-1:30pm	<i>Lunch</i> 11:30am-1:30pm	10:30am-11:30am: families & folks age 59+ or unable to carry a tray. 11:30-1:30pm: all others. ♿
15. <b>St. Peter &amp; Paul Catholic Church</b> 666 FILBERT (near Washington Sq.) 421-0809	Seven days a week: <i>Sandwich</i> 4-5pm or until they run out.							A simple sandwich. ♿
16. <b>S. F. Rescue Mission</b> 140 TURK (bet. Taylor & Jones) 441-1628	Mon-Fri <i>Breakfast</i> (Coffee and pastry) 10:30-10:45am. Mon- Fri <i>Dinner</i> Doors open 3:45pm, mandatory church service 4pm (doors close 4:15pm).							Full-course dinner. Blankets sometimes available. <b>Closed Sept 7.</b> ♿
17. <b>Third Baptist Church</b> 1399 McALLISTER (near Pierce)					<i>Lunch</i> 12:30-1:30pm			Meat, bread, vegetables, salad, punch & dessert. ♿
18. <b>United Council of Human Services</b> 2111 JENNINGS (at Van Dyke) 671-1100	<i>Breakfast</i> 7-9am <i>Dinner</i> 4-6pm	<i>Breakfast</i> 7-9am <i>Dinner</i> 4-6pm	<i>Breakfast</i> 7-9am <i>Dinner</i> 4-6pm	<i>Breakfast</i> 7-9am <i>Dinner</i> 4-6pm	<i>Breakfast</i> 7-9am <i>Dinner</i> 4-6pm	<i>Breakfast</i> 7-9am <i>Dinner</i> 4-6pm	<i>Breakfast</i> 7-9am <i>Dinner</i> 4-6pm	Hot breakfast. Hot dinner, usually with an entrée, vegetables & dessert. ♿

Kitchens serving once a month	Saturday	Sunday	Notes
1. <b>First Friendship Institutional Baptist Church</b> 501 STEINER (at Oak)	<i>Lunch</i> : noon-3pm (July 25, Aug 22, Sept 26)		Full-course lunch the fourth Saturday of the month. Volunteers needed to serve & clean up. ♿
2. <b>Iglesia Latina Americana de las Adventistas 7º Día</b> 3024 - 24 <sup>TH</sup> ST. (near Harrison)		<i>Breakfast</i> : 9:30-11am (July 19, Aug 16, Sept 20)	<b>Lacto-ovo-vegetarian!</b> Eggs, potatoes, beans, coffee served on the third Sunday of each month.
3. <b>Macedonia Missionary Baptist Church</b> 2135 SUTTER ST. (near Steiner) 346-1154	<i>Lunch</i> : 11:30am-1pm (July 25, Aug 22, Sept 26)		Hot meal the Saturday before the fourth Sunday of each month. There is a short blessing before the meal.
4. <b>River of Life Christian Fellowship</b> 1 MARKET (at Embarcadero Plaza)		<i>Dinner</i> : 5pm until food runs out (Jul 5, 26, Aug 2, 23; Sep 6, 27)	Soup, coffee & bread on the first & fourth Sundays of the month. ♿

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