















Kitchens	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Notes
1. All Saints' Episcopal Church 1350 WALLER (near Masonic) 621-1862							Brunch 10:30-11:30am	Meat; potatoes or pasta or rice; vegetables, salad, pastry, coffee & bread. 
2. City Team Ministries 164 - 6 TH ST. (bet. Mission & Howard) 861-8688							Lunch 1-3pm.	A hot meal. Clothes & foot care available at Saturday lunch. Medical clinic the 1st, 2nd & 3rd Saturday of each month. 
	Dinner: Tues-Sat arrive 5:45pm for 6pm church group & dinner. Church group is not mandatory, but those who participate are fed first.							
*3. Curry Senior Center 333 TURK (bet. Hyde & Leavenworth) 292-1086 (8am-1pm)	Breakfast 8-9am Lunch 11am & noon	Breakfast 8-9am Lunch 11am & noon	Breakfast 8-9am Lunch 11am & noon	Breakfast 8-9am Lunch 11am & noon	Breakfast 8-9am Lunch 11am & noon	Breakfast 8-9am Lunch 11am & noon	Breakfast 8-9am Lunch 11am & noon	For those age 60 & over. \$2 suggested donation, but no one turned away for lack of funds. Sign up 8am daily for lunch. 
4. Curry Without Worry HYDE & FULTON (by the statue of Bolívar) 418-4361			Dinner 6pm until food runs out					Vegan! Curried vegetables, 9-bean soup, puris, rice, chutney.
*5. Food Not Bombs UN PLAZA (bet. Market & beginning of Leavenworth) 16TH & MISSION (BART Plaza)	UN PLAZA Dinner 6pm until food runs out	UN PLAZA Dinner 6pm until food runs out		UN PLAZA Dinner 5:30pm until food runs out	16TH & MISSION Dinner 7:30pm until food runs out			Vegetarian! Meals are soup & bread; often salad. Bring your own bowl. Meal times vary: often late or cancelled. 
6. Glide Memorial Church 330 ELLIS (at Taylor) 674-6043 (M-F 8am-4:30pm)	Breakfast 8-9am, Seniors (60+) 7:30am Lunch 12-1:30pm	Breakfast 8-9am, Seniors (60+) 7:30am Lunch 12-1:30pm Dinner 4-5:30pm	Breakfast 8-9am, Seniors (60+) 7:30am Lunch 12-1:30pm Dinner 4-5:30pm	Breakfast 8-9am, Seniors (60+) 7:30am Lunch 12-1:30pm Dinner 4-5:30pm	Breakfast 8-9am, Seniors (60+) 7:30am Lunch 12-1:30pm Dinner 4-5:30pm	Breakfast 8-9am, Seniors (60+) 7:30am Lunch 12-1:30pm Dinner 4-5:30pm	Breakfast 8-9am, Seniors (60+) 7:30am Lunch 12-1:30pm	Bag meal to go (2 sandwiches+) provided after lunch Sat-Sun, & after breakfast on July 5, Sept 6 (no lunch or dinner) .
*7. The Living Room Coffeehouse 690 PAGE (at Steiner) 647-2880 (M-F 9am-5pm)						Dinner 6pm		Age 25 & under only: hot meal, coffee, Kool-Aid, sweets. Volunteer to set up at 4:30pm. Movie by 7pm. Closed 9pm. Closed July 2, Sept 3. 
*8. Martin de Porres House of Hospitality 225 POTRERO (near 16th St.) 552-0240	*** CLOSED Sunday, Aug 1-Tuesday, Aug 10. RE-OPENING Wednesday, Aug 11 for breakfast. ***							
	Brunch 9-10:30am	Breakfast 6:30-7:30am	Breakfast 6:30-7:30am Lunch 12-2pm	Lunch 12-2pm	Breakfast 6:30-7:30am Lunch 12-2pm	Breakfast 6:30-7:30am Lunch 12-2pm	Lunch 12-2pm	Usually a vegetarian alternative. Breakfast: oatmeal & herb tea. Lunch & Brunch: a hearty soup & salad. 
9. Missionaries of Charity 1300 - 4 TH ST. (at 3rd St.) 586-3449 (9-11:30am, 3:30-6pm)	Dinner 3:30-5pm	Dinner 3:30-5pm	Dinner 3:30-5pm	Dinner 3:30-5pm		Dinner 3:30-5pm	Dinner 3:30-5pm	Mon-Sat: soup & sandwiches. Sun: full-course dinner. There is a short prayer before meal. 
10. North Peninsula Food Pantry & Dining Center of Daly City 31 BEPLER (near Mission) (650) 994-5150		Dinner 5-5:30pm or till food runs out.	Dinner 5-5:30pm or till food runs out.		Dinner 5-5:30pm or till food runs out.			A full-course meal. 

* indicates important changes since April-June 2010.

We'd like your corrections, comments, or additions for our next update. Please call 648-3222, or email free@freeprintshop.org. Up-to-the-minute charts available at <http://freeprintshop.org>

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Kitchens Sunday Monday Tuesday Wednesday Thursday Friday Saturday Notes



11. Providence Foundation of SF 1601 MCKINNON (at Mendell) 642-0234, 206-0263				Lunch 12:45-2pm				Optional Bible study before a hearty lunch. 
12. St. Anthony Dining Room 45 JONES (at Golden Gate) 241-2690	Lunch 11:30am-1:30pm	Lunch 11:30am-1:30pm	Lunch 11:30am-1:30pm	Lunch 11:30am-1:30pm	Lunch 11:30am-1:30pm	Lunch 11:30am-1:30pm	Lunch 11:30am-1:30pm	10:15-11:30am: families & folks age 59+ or unable to carry a tray. 11:30am-1:30pm: all others. 
13. St. Peter & Paul Catholic Church 666 FILBERT (near Washington Sq.) 421-0809	Sandwich 4pm until they run out	Sandwich Monday-Friday, 6pm until they run out.					Sandwich 4pm until they run out	A simple sandwich. 
14. S. F. Rescue Mission 140 TURK (bet. Taylor & Jones) 441-1628	Mon-Fri <i>Breakfast</i> (Coffee and pastry) 10:30-10:45am. Mon- Fri <i>Dinner</i> Doors open 3:45pm, mandatory church service 4pm (doors close 4:15pm).							Full-course dinner. Blankets sometimes available. Closed July 2, Sept 6. 
15. Third Baptist Church 1399 McALLISTER (near Pierce)					Lunch 12:30-1:30pm			Meat, bread, vegetables, salad, punch & dessert. 
16. United Council of Human Services 2111 JENNINGS (at Van Dyke) 671-1100		Breakfast 7-9am Dinner 5-7pm	Breakfast 7-9am Dinner 5-7pm	Breakfast 7-9am Dinner 5-7pm	Breakfast 7-9am Dinner 5-7pm	Breakfast 7-9am Dinner 5-7pm		Hot breakfast. Hot dinner. 

Kitchens serving once a month

Saturday

Sunday

Notes

1. Calvary United Methodist Church 1400 JUDAH (near 19th Ave) 566-3704		Lunch 12:30-1:30pm (Aug 1; closed July 4, Sept 5)	Hot lunch 1st Sun of the month. Filipino, Chinese, Indian, Mexican, Pakistani, or American food. Closed July 4, Sept 5.
2. First Friendship Institutional Baptist Church 501 STEINER (at Oak)	Lunch: noon-3pm (July 24, August 28, September 25)		Full-course lunch the fourth Saturday of the month. Volunteers needed to serve & clean up. 
3. Iglesia Latina Americana de las Adventistas 7° Día 3024 - 24 TH ST. (near Harrison)		Breakfast: 9:30-11am (July 18, August 15, Sept 19)	Lacto-ovo-vegetarian! Eggs, potatoes, beans, coffee served on the third Sunday of each month.
4. Macedonia Missionary Baptist Church 2135 SUTTER ST. (near Steiner) 346-1154	Lunch: 11:30am-1pm (July 24, August 21, September 25)		Hot meal the Saturday before the fourth Sunday of each month. There is a short blessing before the meal.
5. River of Life Christian Fellowship 1 MARKET (at Embarcadero Plaza)		Dinner: 5pm until food runs out (July 4, 25; Aug 1, 22; Sept 5, 26)	Soup, coffee & bread on the first & fourth Sundays of the month. 

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